

EXAMPLE OF A WEEKLY SCHEDULE

	MORNING	AFTERNOON					EVENING
		Choose an adventure for the week					
		AQUA VENTURE	FIT AND FAST	SWISS CULINARY DELIGHTS	ADRENALIN RUSH	DISCOVER SWITZERLAND	
SUNDAY	Brunch	Arrival, building tour and optional sports activities					Welcome night
MONDAY	French / English / German	Swimming Pool in Aigle	Sports center in Leysin	First stop, Asia!	Speleology	Salt mines in Bex	Casino night
TUESDAY	French / English / German	Water park	Adventure park	Alimentarium in Vevey	Rafting / Canyoning	Olympic Museum in Lausanne	Arts & Crafts workshops, sports
WEDNESDAY	French / English / German	Beginner hike	Intermediate hike	Off to Italy	Advanced hike	Intermediate hike	Talent Show
THURSDAY	French / English / German	Stand-Up Paddle	Lasergame and Funplanet	Back to Switzerland	Dirtscoot or Mountainbike	Glacier 3000	Board games
FRIDAY	French / English / German	Sports Center in Leysin	Sports center in Leysin	Time for dessert!	Via Ferrata or Rock Climbing	Boat ride and shopping	Certificate ceremony and disco
SATURDAY	Brunch	Excursion to chocolate factory or Bern					Movie night